



GLENWOOD

Fine Wines from Franschoek

Welcome to GlenWood's Gourmet Sushi Restaurant

We are passionate about making the very best wines from our own grapes and serving you the finest sushi in town

GlenWood is 50ha in size, has about 120000 vines, receives about 1500mm/year rainfall, produces 90000 bottles per year, of which the majority is exported, and we pride ourselves on our naturally beautiful surroundings, our top quality wines, gourmet sushi and guest service

Thank you for visiting our Gourmet
Sushi Restaurant

We would appreciate you taking the time
to rate us on TripAdvisor.

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GLENWOOD
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Starters

Edamame
R55

Seared Tuna Salad
R75

Seared Salmon Salad
R75

Ikageso Age
-Calamari Tentacles
R70

Sushi **Hand Rolls (1)**

Tuna & Avo
R75

Salmon & Avo
R75

Prawn, Avo, Cucumber & Mayo
R75

Maki Rolls (6)

Tuna	R70
Salmon	R70
Prawn	R70

Inari (2)

Spicy Tuna	R55
Spicy Salmon	R55
Spicy Prawn	R55

Sashimi (5)

Tuna	R95
Salmon	R95
Prawn	R95

Nigiri (2)

Tuna	R60
Salmon	R60
Prawn	R60

Roses (4)

Salmon Roses

-sushi rice wrapped in salmon topped with mayo and caviar

R95

Roses Grenade

-salmon roses with sweet soy, sauce, spiced mayo, tempura crumbs and caviar

R105

Vegetarian Rolls

Avocado Maki (6)

R60

Vegetable Hand Roll (1)

R65

Healthy Vegetable Roll (8)

-pickled radish, carrot, cucumber & avo (no mayo)

R75

Sweet Girl Roll (8)

-Crazy Girl Roll's healthy sister: healthy vegetable roll tempura with sweet chilli mayo

R90

Energy Bomb (8)

-broccoli, green beans & carrot tempura topped with avo, sweet soy sauce & mayo

R95

Fresh Fish Rolls (8)

Spicy Tuna Roll
-spiced tuna inside
R95

Spicy Salmon Roll
-spiced salmon inside
R95

Salmon & Avo Rolls
-salmon & avo inside
R100

Rainbow Roll
-salmon & avo inside with salmon & tuna on top
R160

Salmon Dragon
*-salmon & cucumber inside with avo, spicy mayo
& caviar on top*
R160

Chef's Signature Dishes (8)

Volcano Roll

*-deep fried prawn roll topped with crumbed spicy
tuna
R160*

Hot Night Roll

*-spicy tuna and avo inside with panko shrimp
topped with sweet chilli mayo
R185*

Crunch Bomb

*-prawn tempura, avo, cucumber & seared tuna
topped with sweet soy sauce & mayo
R175*

Rainbow Reloaded

*-with caviar, mayo, sweet soy sauce, sesame oil &
seven spice
R170*

Aburi Toro Salmon Roll

*-salmon & avo inside with grilled salmon, spring
onion & spicy mayo on top
R170*

Tempura Rolls (8)

Prawn Tempura Roll

-prawn tempura with avo, cucumber, mayo and sweet soy sauce

R120

Spicy Tuna Tempura Roll

-sweet soy sauce, sesame oil & spring onion

R125

Crazy Girl Roll

-salmon & avo roll tempura with sweet chilli mayo

R125

New Style Sushi (6)

Seared Tataki

-with saikyo su-miso & tataki sauce

Tuna R100

Salmon R100

New Style Aburi Sashimi

Tuna R100

Salmon R100

4x4 Combos

Combo A R180

Hot Night Roll (4)
Rainbow Reloaded (4)

Combo B R175

Rainbow Reloaded (4)
Prawn Tempura (4)

Combo C R180

Spicy Tuna Tataki Roll (4)
Salmon Aburi Roll (4)

Platters

Salmon and Tuna

Sashimi - Salmon (3) Tuna (3)

Nigiri - Salmon (2) Tuna (2)

Salmon & Avo Rolls (2) Spiced Tuna & Avo Rolls (2)

R260

Salmon lovers

Sashimi (5)

Nigiri (4)

Salmon & Avo Rolls (4) Roses (2)

R270

Dessert

Lemon, Lime and Basil Sorbet

2 Scoops

R60

Vegan Matcha Green Tea Ice Cream

2 Scoops

R60

Coffee & Tea

Americano, Cappuccino, Espresso R20

Rooibos, Ceylon Tea R18

Soft Drinks

Coke, Coke Zero R22

Appletiser, Grapetiser Red R24

Water – Still or Sparkling R12

Craft Beer

CBC Lager R30



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Wine List

Corkage R100

White Wine

Unoaked Chardonnay 2020 R45/150

Vigneron's Selection Chardonnay 2019 R75/280

Grand Duc Semillon Sauvignon Blanc 2017 R460

Grand Duc Chardonnay 2018 R570

Red Wine

Merlot 2019 R45/160

Vigneron's Selection Shiraz 2019 R55/190

Grand Duc Syrah 2018 R630

Save Our Rhinos

Save Our Rhinos Rose 2019 R30/100

Save Our Rhinos Shiraz 2019 R35/110

Please note for tables larger than five people 15% service charge is automatically added to the bill