



GLENWOOD

Fine Wines from Franschoek

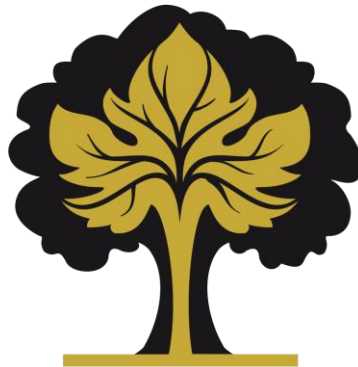
Welcome to GlenWood's Gourmet Sushi Restaurant

We are passionate about making the very best wines from our own grapes and serving you the finest sushi in town

GlenWood is 50ha in size, has about 120000 vines, receives about 1500mm/year rainfall, produces 90000 bottles per year, of which the majority is exported, and we pride ourselves on our naturally beautiful surroundings, our top quality wines, gourmet sushi and guest service

Thank you for visiting our Gourmet Sushi
Restaurant

Please note that, as a token of our
appreciation, restaurant guests will receive a
10% discount on any wine purchases of six
bottles or more from our Tasting Room



We would appreciate you taking the time to
rate us on TripAdvisor.

www.glenwoodvineyards.co.za
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Starters

Edamame
R55

Seared Salmon Salad
R90

Ikageso Age
calamari Tentacles
R70

Miso Soup
with tofu & wakame
R80

Seared Tuna Salad
R85

Salmon Miso Udon Soup
R90

Sushi

Hand Rolls (1)

Tuna & Avo
R75

Salmon & Avo
R75

Prawn, Avo, Cucumber & Mayo
R75

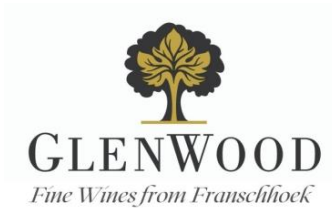
Roses (4)

Salmon Roses

-sushi rice wrapped in salmon topped with mayo and caviar
R110

Roses Grenade

*-salmon roses with sweet soy, sauce, spiced mayo, tempura
crumbs and caviar*
R115



Maki Rolls (6)

Tuna	R80
Salmon	R80
Prawn	R80

Nigiri(2)

Tuna	R70
Salmon	R70
Prawn	R70

Sashimi (5)

Tuna	R100
Salmon	R115
Prawn	R100

New Style Sushi (6)

Seared Tataki

-with saikyo su-miso & tataki sauce

Tuna R110

Salmon R115

New Style Aburi Sashimi

Tuna R110

Salmon R110



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Vegetarian Rolls

Avocado Maki (6)

R70

Vegetable Hand Roll (1)

R65

Healthy Vegetable Roll (8)

-pickled radish, carrot, cucumber & avo (no mayo)

R75

Sweet Girl Roll (8)

-Crazy Girl Roll's healthy sister: healthy vegetable roll tempura with sweet chilli mayo

R90

Energy Bomb (8)

-broccoli, green beans & carrot tempura topped with avo, sweet soy sauce & mayo

R95



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Fresh Fish Rolls (8)

Spicy Tuna Roll
-spiced tuna inside

R110

Spicy Salmon Roll
-spiced salmon inside

R110

Salmon & Avo Rolls
-salmon & avo inside

R110

Rainbow Roll
-salmon & avo inside with salmon & tuna on top

R175

Salmon Dragon
*-salmon & cucumber inside with avo, spicy mayo
& caviar on top*

R180



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Chef's Signature Dishes (8)

Volcano Roll (6)

*-deep fried prawn roll topped with crumbed spicy
tuna*

R180

Rainbow Reloaded

*-with caviar, mayo, sweet soy sauce, sesame oil &
seven spice*

R190

Aburi Toro Salmon Roll

*-salmon & avo inside with grilled salmon, spring
onion & spicy mayo on top*

R190

Crunch Bomb

*-prawn tempura, avo, cucumber & seared tuna
topped with sweet soy sauce & mayo*

R190

Hot Night Roll

*-spicy tuna and avo inside with rock shrimp
prawn topped with sweet chilli mayo*

R200

Tempura Rolls (8)

Prawn Tempura Roll

-prawn tempura with avo, cucumber, mayo and sweet soy sauce

R140

Spicy Tuna Tempura Roll

-sweet soy sauce, sesame oil & spring onion

R125

Crazy Girl Roll

-salmon & avo roll tempura with sweet chilli mayo

R140

4x4 Combos

Combo A

R200

Hot Night Roll (4)
Rainbow Reloaded (4)

Combo B

R185

Rainbow Reloaded (4)
Prawn Tempura (4)

Combo C

R190

Spicy Tuna Tataki Roll (4)
Salmon Aburi Roll (4)

Platters

Salmon and Tuna

Sashimi - Salmon (3) Tuna (3)

Nigiri - Salmon (2) Tuna (2)

Salmon & Avo Rolls (2) Spiced Tuna & Avo Rolls (2)

R285

Salmon lovers

Sashimi (5)

Nigiri (4)

Salmon & Avo Rolls (4) Roses (2)

R300

Mains

Stir Fry

Served with noodles

Vegetable

R160

Chicken

R180

Pork

R200

Dessert

Please ask your waiter what flavours are available

2 Scoops

R60

Coffee & Tea

Americano, Cappuccino, Espresso R28

Rooibos, Ceylon Tea, Jasmine Green Tea R18

Soft Drinks

Coke, Coke Zero R24

Appletiser, Red Grapetiser R26

750ml water – Still or Sparkling R28

Craft Beer

CBC Lager R36

Cap Classique

Pierre Jourdan Belle Rose R260

Colmant Brut MCC R470

Corkage R100

White Wine

Sauvignon Blanc/Semillon 2021	R45/170
Unoaked Chardonnay 2021	R50/180
Vigneron's Selection Chardonnay 2021	R85/336
Grand Duc Semillon Sauvignon Blanc 2018	R550
Grand Duc Chardonnay 2020	R720

Red Wine

Merlot 2021	R50/190
Vigneron's Selection Shiraz 2020	R60/230
Grand Duc Syrah 2018	R755

Save Our Rhinos

Save Our Rhinos Rose 2021	R35/120
Save Our Rhinos Shiraz 2019	R40/130

Noble Late Harvest

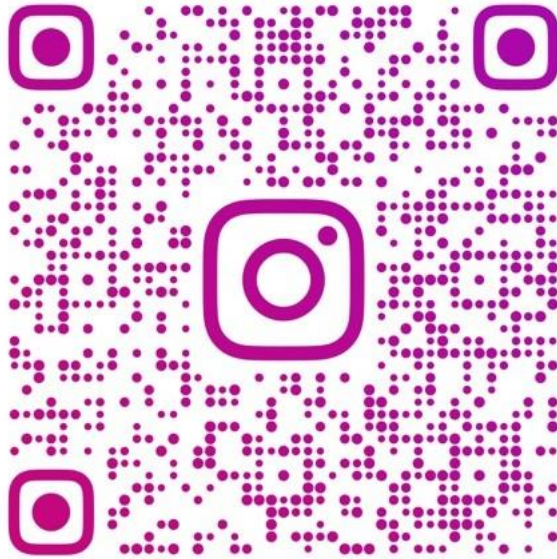
Grand Duc Noblesse 2017	R385
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Please note for tables larger than five people 15% service charge is automatically added to the bill



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and Gourmet Sushi offers